

Hints for Homework

1. **End the crumble and stuff filing system.** Check the backpack each night. Check the agenda and homework folder.
2. **Find a study space.** Children should study in the same spot each night.
3. **Keep visual organizers.** Help your child look over the agenda and check off each task when finished.
4. **Set a definite study time.** Set a time for study and enforce it.
5. **Diminish Distractions.** Create a quiet atmosphere free of television noise and other distractions.
6. **Take a breather.** Breaks can increase students' productivity. Attention spans vary from child to child.
7. **Stick to a regular bedtime.** Children who are not well rested have a more difficult time learning in school. Establish a specific bedtime, enforce it, and encourage your child to read before sleep.