

Things to know for the SOL's

- 1. Get a good night's sleep the night before the test.**
- 2. Eat a good breakfast the morning of the test.**
- 3. Arrive to school by 8:30 if you are a car rider:** testing BEGINS at 9am, which means you need time to unpack, eat a snack and use the bathroom before moving to your testing location. Students may leave the classroom by 8:50.
- 4. Bring a sweater or sweatshirt:** you never know how cold it might be in your testing location, and it is difficult to concentrate if you are uncomfortable.
- 5. Electronics:** All electronics must be left at home or **OFF** in lockers during the SOLs. This includes cell phones and ALL watches. Electronics in a testing location could be grounds for disciplinary action.
- 6. "Fidgets" or stress relievers:** These are not allowed in the testing rooms during the test. Officially, students should not bring them to school after Friday, May 12th. They are extremely distracting.
- 7. Books:** Students may bring books to read after they have completed their SOL test. If they choose not to read, they may rest their head.
- 8. When a student is done testing:** students may be done with their test before others in the room. All testing materials will be taken from them, and they may read.
Students may NOT: communicate with other students in any way including gesturing, asking to borrow a book, asking to see a book, etc. This could be grounds for disciplinary action.