

Unit 1: Virginia's Regions Study Guide

SOLs: VS.2a, b & c; VS.10b

REGIONS	LOCATION	GEOGRAPHIC LAND FORMATION	PRODUCT(S)	INDUSTRIES
Coastal Plain (Tidewater)	Eastern part of Virginia Near Atlantic Ocean and Chesapeake Bay Includes the Eastern Shore Eastern shore separated from rest of VA by the Chesapeake Bay East of the Fall Line	Flat Land Major rivers flow into Chesapeake Bay Peninsulas Dismal Swamp (surveyed by George Washington) Lake Drummond in Dismal Swamp	Seafood Peanuts	Military Bases Shipbuilding Tourism Fishing
Piedmont (Land at the foot of the mountains)	West of the Fall Line	Rolling Hills	Tobacco Information Technology	Farming Horse Industry Federal and State Government
Blue Ridge Mountains (Part of the Appalachian Mountain System)	Located between the Piedmont and the Valley and Ridge Region	Old, rounded mountains Source of many rivers	Apples	Farming Recreation (Camping, Skiing, and Hiking)
Valley and Ridge (Includes Great Valley of Virginia, also part of the Appalachian Mountain System)	West of the Blue Ridge Mountains	Valleys separated by Ridges Mountains are part of the Appalachian Mountains	Apples Beef Dairy Poultry (Chickens)	Farming
Appalachian Plateau (Elevated land that is flat on top)	Southwest Virginia	Elevated Plateau (Only a small part of Plateau located in Virginia)	Coal	Coal Mining

Fall Line- The natural border between the Coastal Plain (Tidewater) and Piedmont Regions, where the waterfalls prevent further travel on the river.

Four major rivers & cities located on rivers:

- Potomac River--Alexandria
- Rappahannock River--Fredericksburg
- York River—Yorktown
- James River—Jamestown & Richmond

Rivers provided source of food and a pathway for exploration and settlement.

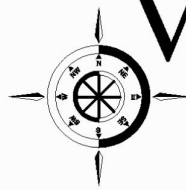
Major waterways: Chesapeake Bay & Atlantic Ocean

Atlantic Ocean provided transportation link with Europe and Africa.

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*****NOTE: Products and industries will not be tested by region but are required knowledge.**

Geographic Regions of Virginia



Appalachian Plateau

(Plateau: Area of elevated land that is flat on top)

- Located in Southwest Virginia
- Only a small part of plateau located in Virginia

West Virginia

Kentucky

Richmond

Maryland

Chesapeake Bay

Atlantic Ocean

Tennessee

North Carolina

Valley and Ridge.

- Includes the Great Valley of Virginia and other valleys separated by ridges. (The Blue Ridge Mountains and the Valley and Ridge Regions are part of the Appalachian mountain system.)
- Located west of Blue Ridge Mountains

Blue Ridge Mountains

- Old, rounded mountains
- Part of Appalachian mountain system
- Located between the Piedmont and Valley and Ridge regions
- Source of many rivers

Piedmont Land at the foot of mountains

- Rolling hills
- West of the Fall Line

Fall Line:

The natural border between the Coastal Plain (Tidewater) and Piedmont regions, where waterfalls prevent further travel on the river

Coastal Plain (Tidewater)

- Flat land
- Location near Atlantic Ocean and Chesapeake Bay (includes the Eastern Shore)
- East of the Fall Line

Please : Potomac River

Remember: Rappahannock River

Your: York River

Journal: James River

Always : Alexandria

Forget: Fredericksburg

Your: Yorktown

Journal: Jamestown

